

# PRESIDENT'S MESSAGE



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## SPCCTV 4D Visions 2022 – “Stronger with the frail”

The specialties represented by the Sociedade Portuguesa de Cirurgia Cardíaca Torácica e Vascular (SPCCTV) face the challenge of treating more complex patients. This complexity arises from the evolution of Medicine in developed countries, leading to an increase in life expectancy. These elderly patients have multiple comorbidities that, ultimately, result in frailty, a concept that is in the order of the day.

The surgical treatment of this population is, nowadays, possible thanks to minimally invasive surgery and to the development of peri-operative Medicine, mainly Anesthesiology. This year's edition of SPCCTV 4D Visions will be held under the motto “Stronger with the frail”. Naturally, given this topic, we had the honor of inviting the Sociedade Portuguesa de Anestesiologia (SPA) to be our partner in this event.

This collaboration with SPA, although not new, is inevitable when our goal is to optimize the treatment of frail patients. The daily work with Anesthesiology and the evolution of its techniques, allow the performance of safe procedures that heal or relieve the suffering of our patients.

Apart from discussing advanced surgical techniques and current controversies in Cardiac, Thoracic and Vascular surgery, we will involve Anesthesiology in the debate, highlighting the management of frailty in all its aspects.

From the Cardiac Surgery program, we highlight a through session on endocarditis, ranging from the Portuguese situation to imaging, diagnosis and surgical treatment of complex cases; the Innovation and Translational Research session, concerning the newest advances in car-

diac physiology and extra-corporeal circulation; and the latest results from the most important trials in Cardiac Surgery, including TAVI vs. SAVR in low risk patients, the percutaneous treatment of mitral insufficiency and the latest findings in surgical and percutaneous treatment of coronary disease.

Regarding Thoracic Surgery, this edition of our congress is a true landmark, incorporating the 1st Iberic Congress of Thoracic Surgery, a partnership established in the previous year with the Spanish Society of Thoracic Surgery. This collaboration will gather a large faculty of national and international experts in this field, which will surely value our meeting.

Finally, concerning the Vascular Surgery program, I would like to highlight the great debates in aortic and peripheral arterial disease, that will bring, face to face, open and endovascular procedures in frail patients, new techniques in phlebology, and, the always out of the box, Lion's Arena, where our chief residents will discuss complex cases with fierce specialists.

I'm sure that this will be a memorable congress!  
 Looking forward to see you in the Algarve!

Gonçalo Cabral | President of SPCCTV